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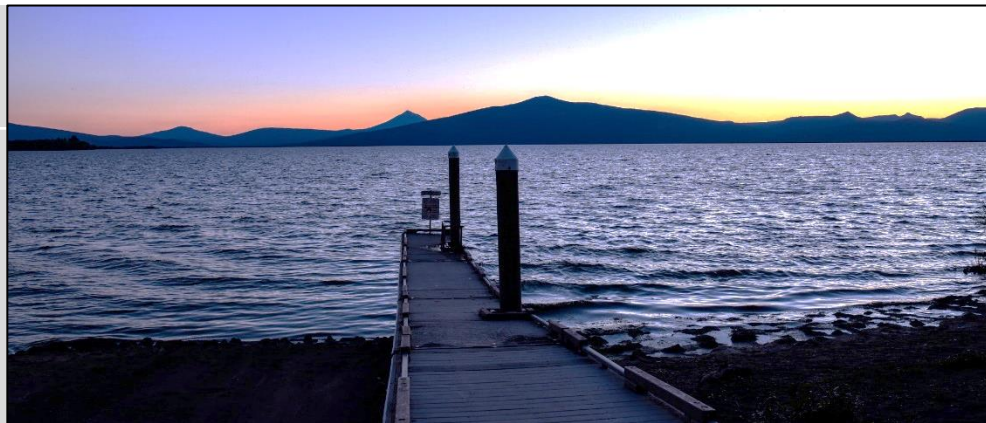
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March 2024 | Issue 31

P.O. Box 196, Chiloquin, OR 97624 (541) 783-2717



City of Chiloquin

Newsletter

www.cityofchiloquin.org

Calendar of Events

City Council Meetings

- Tuesday, March 12 at 5:30pm at City Hall
- Tuesday, March 26 at 5:30pm at City Hall

Parks Committee Meeting Tuesday, March 5 at 5:30pm at City Hall

CTFF Event Planning Meeting Thursday, March 14 at 2pm at City Hall

Bingo Night – The first Thursday of the month at the [Community Center](#) @ 6pm

Sheriff's Advisory Meeting – Wednesday, February 21 @ 2:00pm - Community Center.

OMA's "If I Were Mayor" Student Contest

The Oregon Mayors Association's "If I Were Mayor" student contest has kicked off for the 2023-2024 school year. The contest is divided into three categories:

- **Elementary School** (grades 4-5) – Poster Contest
- **Middle School** (grades 6-8) – Essay Contest
- **High School** (grades 9-12) – Digital Media Presentation Contest



The first place Chiloquin winners in each category will receive \$70 and be submitted into the state contest. Second place Chiloquin winners will receive \$50, and third place Chiloquin winners will receive \$40.

This year's first place State winners will receive their prizes at the awards luncheon held during the OMA Summer Conference in Klamath Falls at the Running Y Ranch, July 18-20, 2024.

Entry forms along with additional information are located on the city's website <https://www.cityofchiloquin.org/community/page/if-i-were-mayor-student-contest>.

Chiloquin Connects Update

We want to thank everyone who attended the Chiloquin Connects outreach event as well as all who participated or help to setup the event.

We plan to conduct these event periodically throughout the year as needed to share projects updates and solicit community feedback.



Message from Klamath County Public Health

WE ALL HAVE AN OPPORTUNITY TO MAKE A DIFFERENCE IN THE LIFE OF A YOUNG PERSON.

Young adulthood is a time of transition. This period is often characterized by identity exploration, self-focus, increased independence, and new choices and possibilities, as well as changes in residence, employment or education, and romantic relationships.

It is also a time when many individuals initiate or increase alcohol and other substance use such as tobacco or nicotine, and more recently with increasing frequency, marijuana, according to the Substance Abuse and Mental Health Administration.

March and April are months in Chiloquin that are dedicated to substance use prevention. In early March each year youth gather to sticker retail substances to remind adults do not purchase these items for minors. Many local youth are accessing drugs, alcohol, tobacco, nicotine, e-cigarettes, vaping, and Electronic Nicotine Device Systems (ENDS).



**Our youth deserve
a great future.**

Be the influence they need.

Many local youth are accessing drugs, alcohol, tobacco, nicotine, e-cigarettes, vaping, and Electronic Nicotine Device Systems (ENDS).

Purchasing these items for youth is illegal. Buying alcohol for a minor is a Class A misdemeanor with a penalty of up to \$1,500 and 30 days in jail.

Under-age drinking, tobacco, nicotine and drug use hurt our community.

Harvard University provides the following tips about talking to youth about substance use:

Make your values and your rules clear

Parents sometimes use phrases like "be smart" or "make good decisions," though these terms may have very different meanings to different people. For example, a parent who says, "Be smart!" may think he is asking his child not to drink, while the child may interpret the instructions as, "Don't drink enough to black out." So, be specific. If you mean, "You can go out with your friends as long as you can assure me you will not use marijuana," then say it that way.

Ask and listen, but resist the urge to lecture

As adults we very much want to impart as much wisdom as we can to help young people avoid the same mistakes that we made. But it is probably more useful to draw out their innate curiosity and encourage them to seek out answers on their own. Consider beginning by asking a question like, "Tell me, what do you know about marijuana?" Teens who feel like their point of view is valued may be more willing to engage in a conversation. In response to what your child says, use nonjudgmental reflective statements to make sure she feels listened to, then follow up with a question. For example: "So you've heard that marijuana is pretty safe because it is natural. Do you think that is correct?" You don't need to agree with everything your teen says; you just need to make it clear you are listening.

If your child has used substances, try to explore the reasons

Teens may use substances to help manage anxiety, relieve stress, distract from unpleasant emotions, or connect socially with peers. Being curious about those reasons can help him feel

less judged. It may also give you a window into your teen's underlying struggles, help him develop insight into his own behavior, and point to problems that may need professional support. On the other hand, these conversations may be challenging for a parent to have with a child, and some young people have limited understanding as to why they use substances. For adolescents who are using substances regularly, we recommend an assessment by a professional who can support them in behavior change.

City Council Corner

Motions approved by the council:

- Amendment from Adkins Engineering for grant management for the water well project.
- \$500 to Adkins Engineering for engineering work regarding the Public Works building for the upcoming Pier grant application.
- To pay off the new truck for Public Works using capital funds which will save the city interest charges.
- To remove past councilmember Kevin Ketner as a bank signatory.

Chiloquin City News and Updates

Tree replanting – The City has secured 42 acres of trees which will be planted in March on the 422 property which was affected by the 242 Fire.

Park Committee – The Chiloquin Parks Committee will be meeting on **Tuesday, March 5th at 5:30pm at City Hall**. Everyone is welcomed to attend.

CTTF Event Planning Committee – The event planning committee is scheduled for **Thursday, February 14th at 2pm at City Hall**. Please join us and help plan this year's event scheduled for June 21st and 22nd.

New payment portal – The City has added a new payment portal for residents to pay their water and sewer utility bills. For more information visit the City's website <https://www.cityofchiloquin.org/administration/page/pay-my-bill> or contact City Hall at 541 783-2717.

CEDS – The South Central Oregon Economic Development District (SCOEDD) is updating its Comprehensive Economic Development Strategy (CEDS) for Klamath and Lake Counties. This plan identifies regional needs, actions necessary to address these needs, and identifies organizations with the ability to lead those actions. **A districtwide survey is now and will provide people who live and work in Klamath and Lake Counties the opportunity to share their thoughts on regional community and economic development.** The survey link is posted at www.scoedd.org and will remain open until the end of March.



**March and April are
Substance Abuse Months**

This month photo from Henzel Park boat launch was submitted by Francisco Tapia.

Submit your photo [online](#) or email your photo to chicityhall@gmail.com.